

# PROGRAMS FOR PEOPLE, INC.

98 Lincoln Street Framingham, MA 01702-9627 Tel 508.879.3230 Fax 508.872.8724

## REFERRAL TO DAY TREATMENT PROGRAM

PLEASE PRINT OR TYPE

Laura Hughes, PMHCNS-BC - Administrative Director  
 Ethan Harris, LICSW - Clinical Director

Date of Application: \_\_\_/\_\_\_/\_\_\_

Referent (Name & License): \_\_\_\_\_ Telephone # \_\_\_\_\_  
 Referent's Organization: \_\_\_\_\_

### I. IDENTIFYING INFORMATION

Applicant's Name: \_\_\_\_\_ Telephone # \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Home Address: \_\_\_\_\_  
Street Town

Legal Sex (please check one)\*  Female  Male

\*While we recognize a number of genders / sexes, many insurance companies and legal entities unfortunately do not. Please be aware that the legal name and sex listed on the insurance must be used for insurance billing and correspondence. If the applicant's preferred name and pronouns are different from those, please let us know: \_\_\_\_\_

Social Security Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Cultural / Linguistic Background: \_\_\_\_\_

Is this a hospital diversion? Yes  No

HEALTH INSURANCE	Policy Number	Subscriber	If Private Insurance, Contact Person	
			Name	Telephone #

### SIGNIFICANT NON-PROFESSIONALS (Include members of applicant's immediate family):

Name	Relationship	Age	Address	Supportive to Applicant	No Contact with Applicant

Who of the above would be willing to accompany applicant to an intake meeting? \_\_\_\_\_

OUTPATIENT TREATMENT TEAM	NAME	TELEPHONE #
Current Therapist:		
Medicating Psychiatrist/Nurse:		
Case Manager:		
MRC Counselor:		
Primary Care Clinician:		

Applicant's response to this referral? \_\_\_\_\_

To what degree is applicant motivated to change? \_\_\_\_\_

### II. DSM V DIAGNOSIS:

ICD-10 Code (if known)

Primary Diagnosis: \_\_\_\_\_

Additional BH/SA Diagnoses: \_\_\_\_\_

Date form received at FDH: \_\_\_/\_\_\_/\_\_\_

Date screened at FDH: \_\_\_/\_\_\_/\_\_\_

**III. THE APPLICANT'S PRESENTING PROBLEMS:**

- A. Chief complaint: \_\_\_\_\_  
\_\_\_\_\_
- B. Current Stressors and/or precipitant: \_\_\_\_\_  
\_\_\_\_\_
- C. History of presenting problem: \_\_\_\_\_  
\_\_\_\_\_

**IV. SUICIDE / HOMICIDE**

- A. Ideation: \_\_\_\_\_
- B. Plan / Intent / Means: \_\_\_\_\_
- C. History of Previous Attempts: \_\_\_\_\_

**V. MENTAL STATUS**

- A. Affect / Mood: \_\_\_\_\_
- B. Orientation: \_\_\_\_\_
- C. Memory: \_\_\_\_\_
- D. Intellect / Cognition: \_\_\_\_\_
- E. Perception / Sensation: \_\_\_\_\_
- F. Thought Process / Content: \_\_\_\_\_
- G. Hallucinations / Delusions: \_\_\_\_\_

**VI. FUNCTIONING**

- A. Ability to Perform Activities of Daily Living (ADL'S) \_\_\_\_\_
- B. Job / School: \_\_\_\_\_
- C. Sleep: \_\_\_\_\_
- E. Appetite: \_\_\_\_\_

**VII. PREVIOUS MENTAL HEALTH TREATMENT**

Agency, Hospital, Therapist	Precipitant	Dates	Length of Stay (LOS)

**VIII. SUBSTANCE ABUSE HISTORY**

Name of Substance	Amount of Use	Frequency	Treatment	Date of Last Use

Does Applicant consider substance use a problem? Yes: \_\_\_\_\_ No: \_\_\_\_\_  
 What is applicant's commitment to sobriety: \_\_\_\_\_  
 What is the plan to attain/maintain sobriety? \_\_\_\_\_  
 \_\_\_\_\_

**IX: CURRENT MEDICATION(S)** (Include medications for psychiatric and non-psychiatric condition)

Name of Drug	Dosage	Frequency
	Mg.	
	Mg.	
	Mg.	

**X. NICOTINE USE**

Does the client use nicotine? \_\_\_\_\_  
 If so, in what form? \_\_\_\_\_  
 How often (if cigarettes, how many)? \_\_\_\_\_

**XI. SIGNIFICANT MEDICAL HISTORY AND ALLERGIES**

A. Pertinent medical history: \_\_\_\_\_  
 B. Allergies: \_\_\_\_\_

**XII. FAMILY / DEVELOPMENTAL**

Relationship	History of Mental Illness	History of Substance Abuse
Mother		
Father		
Sibling		
Other		

Applicant's history of abuse, neglect (domestic, sexual, physical, emotional) \_\_\_\_\_

Social History: \_\_\_\_\_

History of Military Service: \_\_\_\_\_

**XIII. TREATMENT PLAN (In addition to day structure)**

- A. Focus / Goals: \_\_\_\_\_
- B. Obstacles of Treatment: \_\_\_\_\_
- C. Previous Treatment Progress / Goals Achieved: \_\_\_\_\_
- D. Expected Response / Compliance to Treatment at Programs for People: \_\_\_\_\_
- E. Special Circumstances:
  - Assaultive Behavior: \_\_\_\_\_
  - Involved in Court Action: \_\_\_\_\_
  - Does Client have Access to Weapons: \_\_\_\_\_
  - Legal Guardianship: \_\_\_\_\_
- F. Estimated Length of Stay (ELOS): \_\_\_\_\_

How will the client get to and from Programs For People every day? \_\_\_\_\_

NOTE: We appreciate your taking the time to complete this form. We must have the above information prior to admission. This information may also be necessary for obtaining authorization for services, and for this reason we are required to obtain a "release" signed by the applicant prior to making the authorization call. Please use the attached form and submit it with this referral form. Thank you.

**DO NOT EMAIL COMPLETED REFERRAL FORM. Please Fax (508-872-8724) Or Mail The Completed Form.**

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### Release of Information Agreement for INSURANCE PAYOR

I \_\_\_\_\_, give my permission for Programs For People, Inc.  
(applicant's name)

to give information regarding my case to my insurance payor \_\_\_\_\_  
(name of insurance payor\*)

as requested. I understand why the information is needed and am satisfied that the material will be  
considered confidential.

\_\_\_\_\_  
Signature of Applicant/Guardian

\_\_\_\_\_  
Signature of Referent

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness Name